



# 2019 Sydenham Challenge Dragon Boat Festival



## News Blast 3

I see Sunshine!

### “SPIRIT AWARD”

#### *Ron Verhaeghe Memorial “Spirit Award”*

The Spirit Award is one of the most Coveted Awards a team can win in the world of Dragon Boating. Based on your team’s spirit, good sportsmanship, fun on and off the water and yes noise, judged by your peers during the SCDB Festival. Is your team up to the challenge?

But this got us thinking. Even though we have had a proud history of recognizing teams with the spirit award, a cool one at that, it was only one award per team to do or display as they wish. Well, time to kick it up! We have incorporated the spirit award with an all new design that fits in with the cool SCDBF medals (at least we think they are cool) and every team member who is honored with the spirit award will receive one 😊

Check it out.



## TEAM PRACTICE

To date 5 teams have not scheduled their team practice. If you require the link just let me know and we will send it out again. Time is running out. If your team has no intention of scheduling, you are required to advise us. All about safety folks.

**ELECTRONIC CAPTAINS MEETING** will be sent out next week. Note to the new teams. In the past all team captains (or designate) were required to attend a captains meeting just prior to race time (7:00 a.m.) To eliminate the rush for everyone involved we moved to an electronic format by e-mail with great success. Once again and by a popular consensus will we be doing the same. In short all captains are required to read, understand and agree to the captain meeting notes. Basically the notes are around safety procedures which you are expected to inform your team members. You will receive further information next week. If you require further explanation not to worry, we have a team of experts that will be more than willing to assist.

## No Frills Water & Fruit Station Changes

In an attempt to be more environmentally cautious we are making a few changes this year with a plan of full implementation in 2020. Fruit and water will still be available. Cases of water (limit 2 per team) will be available to pick up at the main event trailer to bring back to your camp site. In each team kit there will be 2 clear garbage bags (recycles) and one large green garbage bag for your non-recyclable garbage. When the day is finished just leave your bags at your site and we will get from there. Fruit will still be available as always at the main event trailer.

Stay Tuned Fellow Dragons, soon!

SCDBF Committee

